

**6<sup>th</sup> Annual**  
**Bridgewater-Raritan**  
**Basketball Camp**

**Camp Notes**

**July 7-11, 2014**



**“Basketball Agility Workouts”**

# 6<sup>th</sup> Annual Bridgewater-Raritan Basketball Camp

## Camp Notes

Monday, July 7, 2014

Bridgewater-Raritan Varsity Head Coach: Gene McAteer

### ➤ **Welcome to Basketball Camp**

- Pay attention to detail: Personal responsibility and accountability are expectations at basketball camp. This means you stay with your group, pay attention to instructions, and be ready to act.
- The ability to listen attentively and focus on instruction is expected from all campers of all ages.
- Listening skills & eye contact
  - Anticipate what the coach will say. Guess what is coming next. Then listen intently to see if you were right.
  - Listen to what your coaches tell you & watch the demonstrations by the high school & college players. Be ready to try the drills when you get the chance.
  - Be alert & ready to do what you are asked. This way less time is wasted and you will have more time to play basketball.
  - If you listen & try new things, you have the opportunity to learn and grow as a player. The key to success however, is to work on your own when you leave camp. This is how you become a better basketball player.

### ➤ **Monday Morning Stations**

- Ball handling with 1 ball
  - Players will practice ball handling in a stationary position with right and left hand
  - Ankle, waist, and shoulder height dribbles
  - In and out move
  - Crossover
  - Rolling ball front to back on the side of their body
    - Players need to work on keeping their head up to see the floor
- 2 line passing
  - Players partner up on the baseline and slide to half court while performing various passes
  - Chest pass back and forth
  - Bounce passes
  - Lead hand one handed passes
  - 2 Ball bounce and chest passes

*[www.brbasketballcamp.com](http://www.brbasketballcamp.com)*

- Lay-ups
  - Regular lay-ups focusing on proper foot work and extending up to the basket
  - Right hand Right leg is up and you are jumping off of your left leg
  - Left hand Left leg is up and you are jumping off of your right leg
- Panther Shooting
  - Two teams shoot from the elbow first to a certain makes wins; played at the end of camp daily
- Line jumps
  - Works on quickness off the floor and leg strength
  - Players jump back and forth and side to side over a line for a given time
  - First players do it with both feet then only on right foot then left foot
- Catch and shoot
  - Two lines one on the wing and one at the opposite wing
  - One line has the ball and dribble penetrates into the lane and jump stops
  - They then pass to the other player who will step in and catch and shoot
  - The jump stop is important because it will keep the driving player under control
  - Stepping into the shot is important because the player must meet the ball not wait for it to come to them and give the defense a chance to steal the ball
- Sprint, slide, back pedal, slide
  - Works on quickness and change of direction, around the lane
  - Players will need to be able to change from a sprint to a slide quickly
  - Players will stay low on the slide then to a back pedal
  - Simulates defense in a game where a player may have to change stances and directions quickly
- Balance on ball
  - Drills as mention below in Coach McAteer's morning lecture
- Rebound catch quick off feet
  - Again works on players quickness off the floor and explosiveness
  - Players need to be able to rebound the ball and quickly spring back up to lay it in as to give the defense less time to recover

➤ **Monday's Contest is One on One**

- Players will play one on one games to accumulate wins to help them earn a spot in the one on one tournament Friday afternoon
- The way to get a win is to score offensively, if the defender gets a stop they will then switch to offensive but will not receive a point, the game is played until the offensive player scores or the defensive player gets a stop
- Playing one on one games will help create competitive teams for the weeks games

**Bridgewater-Raritan Varsity Head Coach: Gene McAteer: Monday's Agility Drill**

- Balancing on the ball
  - Have player go into a push up position to do a variety of balancing, strength, and agility drills.
  - The first basic drill is to have feet on the ball while holding your body in an up push up position.
  - The second position is having both hands on the ball and balance.
- To make the drill harder have player try and perform a push up with hands or feet on the ball. To build on the agility balancing on the ball we incorporate a push-ups on the ball
- The positions from Monday are having either both hands or both feet on the ball and balance.
  - To make the drill harder have the player try and perform a push up with hands or feet on the ball.
- Another drill that can be done requires the player to have one hand on the ball, feet on the ground, and other hand on the ground.
  - The player will do a push up with the ball under one hand then roll it to the other hand and do a push up again.

➤ **Agility Measurement of the Day: Vertical Jump**

- All campers had their vertical jump recorded on Monday morning or afternoon
- The measurement is included at the end of the camp notes so campers can work on improving their measurement from camp

Tuesday, July 8, 2014

➤ **Tuesday's Contest is X - Out**

- This contest improves a players pivoting, ability to push the ball out, and finishing at the rim with a lay-up
- The player will start on one of the two elbows
- The player has 45 seconds to make as many lay-ups as possible, make or miss they will gather their rebound and dribble to the opposite elbow then pivot and go back to the basket to attempt another lay-up

➤ **Agility Measurement of the Day: Line Jumps**

- Players had 45 seconds to complete as many line jumps as possible, 2 footed and left and right foot alone
- The measurement is included at the end of the camp notes so campers can work on improving their measurement from camp

Wednesday, July 9, 2014

➤ **Bridgewater-Raritan Varsity Head Coach: Gene McAteer: Wednesday's Agility Drills**

- Agility Ladder
  - Two feet in each rung of the ladder jumping forward
  - Stand on the side of the ladder, right foot in, left foot in, right out the other side, left out the other side, move to next rung
  - Stand on the side facing the ladder, both feet in then both feet out moving up the ladder
  - Stand at base of the ladder and quick stutter steps right in left in same rung then move up the ladder

➤ **Wednesday's Contest is the Mikan Drill**

- The Mikan Drill is named after NBA great – George Mikan who was a Hall of Fame pro player in the 1940's & 1950's. George excelled at left hand & right hand baby hook shots around the basket.
- The modern version of the Mikan Drill features continuous righty & lefty lay-ups.
- Players must quickly move and get a good angle so that they may bank the ball in high & soft off the square.
- Make or miss, players rebound the shot and step through to the other side.

- Again, get a good angle so that you are not attempting a shot from directly under the rim.
- In the contest, players strive to score as many lay-ups as possible in a 30 second

### ➤ **Wednesday Morning Stations**

- Catching the ball
  - Players will toss the ball as high as they can and clap as many times as they can before catching the ball
  - Works on hand eye coordination
- Star passing Drill
  - Player 1 starts with ball at the right block
  - Player 2 is at the three point line between the wing and top of the key
  - Player 3 is in the corner opposite player 2
  - Player 4 is in opposite corner as player 3
  - Player 5 is in a similar position as player 2 on other wing
  - Line under the basket behind player one
  - Player 1 passes to player 2 then follows their pass to the right
  - Player 2 passes to player 3 then follows their pass to the right
  - Player 3 passes to player 4 and follows to the right
  - Player 5 cuts the basket as player four throws a bounce pass for a lay-up
  - Players must meet the pass not just stand and wait for it
  - After the lay-up is made or missed the next player gets the ball before it hits the ground and starts immediately
- Boxing Out
  - 2 players on offense 2 on defense facing each other, with the ball on the floor
  - When the coach blows the whistle, the defense will turn and box out as the offense goes for the ball
  - If the defense boxes out for 5 seconds they can get the ball and will be out of the drill
  - If the defense does not box out for 5 seconds and the offense gets the ball they remain in the drill
- Sprint, slide, slide, back pedal, slide, sprint, back pedal, slide
  - Same premise as Monday with more forward, backwards, and lateral changes
  - Run up the lane line then slide across the foul to the elbow then slide back to the first elbow

- They then back pedal to the block and slide across the lane to the opposite block, then sprint to the elbow
  - Once at the elbow they back pedal to the block and slide across the lane to finish
- Transition Drill
  - Players will run forward from the three point line to the baseline until a coach yells turnover
  - When that is said they begin to back pedal towards half court the coach will then say turnover again
  - The player will sprint forward receive a pass from a player at the baseline for a catch and shoot
  - This works on a quick transition from offense to defense back to offense when there are turnovers
- 2 ball stationary dribbling
  - Similar to 1 ball except working on both hands at once
  - Added to the drill is alternating dribbles where one ball hits the floor while the other is up
  - Players need to work on keeping their head up to see the floor
  - It is much easier for some to keep their head up with one ball, but even practicing with two the head must be up to see the floor
- Lay-Ups
  - Continue to work on lay-ups
    - Focus on changing momentum from out to up
    - Players tend to end up out of bounds when shooting lay-ups at full speed because they lack the ability to switch their momentum
    - Players will want to slow themselves in the last step or two to help them extend up towards the rim changing the momentum so they stay in bounds
  - Added in power lay-ups
    - Player will jump stop at the block
    - Then off of two feet power up for the lay in
    - This will help the player stay under control and possibly avoid a charge being called against them
  - Horseshoe Shooting
    - Players will run around the three point line

- In the opposite corner a player waits with the ball
- Once the first player gets to the corner they will receive a little flip pass from their teammate as to simulate coming off a screen and must square their body to the basket to shoot
- This drill works on conditioning and pivoting
- Agility Ladder
  - Drills seen above in Coach McAteer's Lecture

### **Bridgewater-Raritan Varsity Head Coach: Gene McAteer: Wednesday's Agility Drills**

- Bag of Tricks
  - Cones
    - 10 mini cones lined up the spaced out about five feet apart
    - Players will do a dribble zigzag as fast as they can up and back through the cones
  - Tennis ball, ball handling
    - Players will dribble with their right and left hands while tossing a tennis ball in the air with the opposite hand
    - This will have the players maintain a dribble while focusing on something other than the dribble
    - The next drill is the player will do a lunge while dribbling and tossing the ball, when they get into a lunge position they will toss the tennis ball between there leg and catch it

Thursday, July 10, 2014

### **Special Guest Speaker Alex Mahony: Head Boys' Basketball Coach at Rutgers Prep High School**

**“Take the drills home with you. You will not get better in one day or one week.”**

- Stationary Ball Handling Cone Drill
  - Players will have a cone in front of them splitting the distance between their legs while in an athletic stance
  - The player will start to dribble with their right hand on the third dribble they will simulate going by the cone by having their right leg hop passed the cone while their left leg goes back to push off from



- The player will then hop back into an athletic stance and dribble three more times and hop out again, do drill with left hand as well
- The players will do the same drill but after the third dribble they will crossover from right to left, this will have them have their left leg go passed the cone and right leg back to push off from, they will then take three hard dribbles with their left and crossover to their right and continue the drill
- Players will also perform this drill with a between the legs dribble, in and out dribble move, behind the back dribble, and combo dribble moves
- Half Court Extended Dribble Zigzag
  - Players will start at half court with cones set up in a one two one two one formation
  - At the first cone the player will perform a cross over either right to left or left to right
  - Whichever way they crossover will be the next cone they go to
  - At each cone the player will crossover have the foot they cross over to beat the defender like in the stationary drill
  - As the player crosses over at the last cone they will attack the rim for a lay-up or a floater
  - The drill is to be done with these dribble moves at each cone
    - Crossover
    - In and Out
    - Between the legs
    - Behind the back
    - Different move at each cone
- Close Zigzag or “Pinball” Zigzag
  - Same drill set up as before, however this time the cones are to be put much closer as to give the ball handler only one dribble in between cones
  - There will be three additional cones set up in a horizontal line a distance away from the basket that you don’t want players to cross
  - The drill is exactly the same as above, however players will have to shot a floater from behind the ast set of three cones
  - This drill will make the players work on explosiveness while changing directions
- Shooting Drill
  - Players will be at half court with three cones in front of them one directly centered in the court then to offset right and left from that first cone in a se up like the letter ”V”
  - The first player will go to the first cone and do 3 passes between their legs going from the right hand to the left and back to the right

- After that they will take one hard dribble to the cone to their right, at that cone they will jump stop and pump fake
- They will then pass the ball between their legs again this time from the left to the right and back to left
- The player will then take one hard dribble to the middle and pull up for a jump shot
- The players will repeat the drill to the left, this time at the first cone they will pass the ball from left to right to left and go to the second cone on their left
- They will jump stop and pump fake the 3 passes from right to left to right and one dribble pull up
- Players will work on stepping into their shot and changing directions
- The drill can also be done with 3 dribbles between the legs instead of passes
- **Partner Explosive Ball Handling Drill**
  - Partners will line up across from each other at the blocks or elbows
  - One player will start dribbling in their right hand as their partner holds the ball with their left hand as their arm is stretched out
  - The ball holding the ball will drop the ball when it drops the player dribbling must react and dribble towards the ball and start dribbling with their left hand before it hits the ground twice
  - The player continues to dribble two balls through the sideline and the partners switch
  - Do this drill with the player starting the dribble in both their right and left hands
  - To further the drill, have the player dribbling make a dribble move before exploding forwards to get the other ball
- **Individual Explosive Ball Handling Drill**
  - This drill can also be done without a partner, when doing it alone start with a two ball dribble at the same height
  - Then bring one ball to a dribble ankle height and the other above the waist and bring them back to a waist high dribble
  - Then toss one of the balls in front of you and when it hits the ground explode to get it before it hits again
- **Thursday's Contest is Skills Competition**
  - **Similar to NBA skills challenge during All-Star weekend**
    - The skill contest tests a players dribbling ability, lay-ups, passing, and jump shot
    - Players will first go through an extended zigzag dribble course up the sideline

- They will then dribble to a set of cones in front of a target in which they must make a pass from the distance hit the target get the ball and make a lay up
- From the made lay-up they will then go through a close are zigzag course to the next hoop for a power lay-up
- After the made lay-up they will speed dribble to the next basket for an elbow jumper, if they miss they have to get the rebound and make a lay-up before advancing
- After the made jump shot or lay-up the player speed dribbles to center court then performs a dribble move to a cone on the sideline, they preform another dribble move and go in for a lay-up
- When they make the last lay-up time stops and is recorded

Friday, July 11, 2014

➤ **Bridgewater-Raritan Varsity Head Coach: Gene McAteer**

○ **“Passing Tag”**

- Passing Tag is a game that incorporates all of the vital components of being a solid offensive basketball team.
- Players must be able to pass, catch, & communicate with one another while running, sliding, & moving at game speed.
- The objective for the team with the ball is to tag the other team’s players with the ball which would result in that particular player being eliminated!
- Play continues until all five members of the other team have been tagged out.
- The team that does not have the ball must “run away” and avoid being tagged out for as long as they possibly can. The game is played in the half court.
- No dribbling is allowed. And, you may not throw the ball at the other team.
- Once you catch the ball, you may pivot but that is all the movement that is allowed as you stretch and try to tag people out.
- In tagging the other team, you must maintain solid possession of the ball.
- If you drop the ball while trying to tag out the other team, the person is safe.
- One of the keys to success is for the team with the ball to pick one player and surround that one guy. Try to trap each person near the sideline and pass the ball more quickly than the player can move.

- To make the game competitive keep track of which team tags out the other squad in less time.
- **Championship Friday**
  - Friday afternoon we have our contest finals as well as our Panther Shooting Tournament. Each league will have the top 12 campers, based on results from the week, compete to win the competition finals in a 1 on 1 Tournament, X – Out, Mikan, and Hotshot.
  - The Panther Shooting Tournament is a bracket tournament in which every team will compete. Each round will be played to a different make total until we crown a champion
- **Winning, Losing, sportsmanship, and character...**
  - Enthusiasm is a great thing; however, make sure that it is in a positive manner. Winning and losing is something that applies to all players of all skill levels because no matter how good you are, eventually you are going to lose at something.
  - How you behave after a win or loss shows a lot about your character. You should strive to win and lose with class and style; because how you act reveals a lot about who you are as a person.
  - These characteristics are essential not just in basketball but in life as well. It is important to be respectful in victory and defeat to the opponent. It is easy to shake hands in victory but it shows more when you are able to after to defeat.

## Contest Results

- Rookies**

<p><b>Mikan</b></p> <p>Jodha Singh - 6          Noah Taylor - 6          Andy Wang - 5          Mia Romain - 5          Madeline Romain - 4          Aaron Taylor - 4          Isabella He - 2          Jollen Dai - 2          Tommy Jimenez - 2          Alice Wang - 1          Lauren DiGiovanni - 1</p>	<p><b>Skills Competition</b></p> <p>Mia Romain - 26          Lauren DiGiovanni - 27          Jodha Singh - 28          Madeline Romain - 28          Jollen Dai - 31          Aaron Taylor - 31          Tommy Jimenez - 35          Noah Taylor - 35          Andy Wang - 36          Jason Stimpfle - 45          Alice Wang - 52</p>
<p><b>1 on 1</b></p> <p>Matthew Kominsky - 11          Jollen Dai - 4          Andy Wang - 1</p>	<p><b>X-Out</b></p> <p>Noah Taylor - 4          Isabella He - 3          Tommy Jimenez - 3          Aaron Taylor - 3          Maddie Romain - 3          Mia Romain - 2          Lauren DiGiovanni - 2          Andy Wang - 2          Jollen Dai - 2</p>

- High School**

<p><b>Mikan</b></p> <p>Bryan Zhang - 11          Maxx Cohen - 10          Brian Edelman - 9          Sean Puthenchira - 7          Tarun Kandra - 7          Clay Kellam - 6          Johnny Magner - 6          Kevin Wang - 6          Alex Zheng - 6          Evan Berry - 5          Jack Bray - 5          Wesley Liu - 5</p>	<p><b>Skills Competition</b></p> <p>Bryan Zhang - 35          Maxx Cohen - 39          Brian Edelman - 39          Ryan Xie - 43          Johnny Magner - 44          Clay Kellam - 47          Connor Taylor - 47          Evan Xie - 49          Justin Hartmann - 49          Alex Zheng - 49          Kevin Wang - 49.99          Wesley Liu - 50</p>
--	---

<p>Connor Taylor - 5  Ethan He - 4  Dev Patel - 4  Ethan Wang - 4  Christopher Zou - 4  Justin Chen - 4  Jeremy Hu - 4  Rishi Sappidi - 4  Ryan Xie - 4  Karthik Angara - 3  Daniel Gao - 3  Shalin Muzumdar - 3  Amey Paranja - 3  Rishikesh Ravi - 3  Justin Hartmann - 2  Nishika Meruva - 1  Angelo Chen - 1  Maanas Gopi - 1</p>	<p>Rishikesh Ravi - 52  Justin Chen - 52.5  Christopher Zou - 53  Daniel Gao - 53.33  Amey Paranja - 54  Tarun Kandra - 54  Sean Puthenchira - 54.1  Jeremy Hu - 55  Maanas Gopi - 55  Evan Berry - 56  Stanley Liu - 59.58  Dev Patel - 60  Angelo Chen - 60  Ethan Wang - 64  Ethan He - 64.87  Rishi Sappidi - 66  Nishika Meruva - 70  Shalin Muzumdar - 74  Dylan Patel - 86  Krish Nambiar - 87  Karthik Angara - 93  Aditya Rai - 96</p>
<p><b>1 on 1</b></p> <p>Maxx Cohen – 45  Bryan Zhang – 36  Brian Edelman – 28  Connor Taylor – 17  Clay Kellam – 13  Alex Zheng – 12  Tarun Kandra – 5  Jeremy Hu – 5  Kevin Wang - 4  Ryan Xie – 4  Sean Puthenchira – 3  Tri-an Nguyen – 3  Jack Bray – 2  Amey Paranja – 2  Johnny Magner – 1  Dev Patel – 1  Ethan Wang – 1  Rishi Sappidi – 1</p>	<p><b>X-Out</b></p> <p>Evan Berry – 9  Maxx Cohen – 9  Bryan Zhang – 8  Tri-an Nguyen – 7  Clay Kellam – 7  Brian Edelman – 7  Jack Bray – 6  Amey Paranja – 5  Evan Xie – 5  Connor Taylor – 4  Ethan He – 4  Johnny Magner – 4  Ryan Xie – 3  Alex Zheng – 3  Maanas Gopi – 3  Karthik Angara – 3  Nishika Meruva – 3  Justin Chen – 3</p>

	<p>Ethan Wang – 3  Kevin Wang – 3  Christopher Zou – 2  Angelo Chen – 2  Shalin Muzumdar – 2  Stanley Liu – 2  Wesley Liu – 2  Tarun Kandra – 1  Rishi Sappidi – 1  Daniel Gao – 1  Krish Nambiar – 1  Dev Patel – 1  Rishikesh Ravi – 1  Justin Hartmann – 1</p>
--	---

- **College**

<b>Mikan</b>	<b>Skills Competition</b>
Sam Cohen - 25	Daniel Edelman - 32
Daniel Edelman - 22	Sam Cohen - 34
Nicholas Sacco - 19	Alexander Li - 37
Devin Ciarlante - 18	Patrick Cullen - 37
Alexander Li - 17	Rushil Yelma - 37
Jared Koren - 16	Nicholas Sacco - 38
Mekai Nunez - 16	Tyler Johnson - 39
Rushil Yelma - 16	Matthew Eng - 39
Jordan Beauchene - 15	Roshun Tiwari - 39
Dennis Liu - 15	Eric Lin - 40
Roshun Tiwari - 15	Dennis Liu - 40
Jason Garnett - 14	Abir Sun - 40
Jonathan Jen - 14	Jordan Beauchene - 41
Tyler Johnson - 14	Pravar Jain - 41
Vishnu Bindiganavile - 14	Aaron Hu - 41
Peter DellaVolpe - 14	Patrick Jiao - 41
Alexander Song - 13	Jonathan Jen - 42
Patrick Jiao - 13	Rachel Ou - 42
Daniel Kolen - 13	Alexander Song - 42
Philip Qiu - 13	Jared Koren - 43
Rohith Gudati - 12	Jason Garnett - 44
Pravar Jain - 12	Kyle Liao - 44
Eric Lin - 12	Raj Vulichi - 44
Matthew Eng - 12	Louis Arone - 45

<p>Aaron Hu - 12  Charlie Pollard - 12  Rishabh Shetty - 12  Kyle Liao - 11  Abir Sun - 11  Brandon Szeto - 11  Jared Binstock - 11  Akhil Arularasu - 10  Abhishek Acharya - 10  Patrick Cullen - 10  Anna Decone - 10  Ryan Elias - 10  Nate Taylor - 9  Jason Zhou - 9  Aneesh Nagalkar - 8  Dylan Taylor - 7  Rachel Ou - 6  Alec Doyle - 5  Medha Bhimaraju - 4  Akash Pamal - 4</p>	<p>Rishabh Shetty - 45  David Castoro - 46  Anna Decone - 46  Charlie Pollard - 46  Rohith Gudati - 47  Vishnu Bindiganavile - 47  Mekai Nunez - 47  Jason Zhou - 48  Devin Ciarlante - 49  Akhil Arularasu - 50  Dylan Taylor - 50  Ryan Elias - 51  Daniel Kolen - 51  Alec Doyle - 53  Aneesh Nagalkar - 57  Aaron Berry - 58  Corey Waddington - 58  Medha Bhimaraju - 60  Brandon Szeto - 62  Akash Pamal - 65  Ben Casino - 67</p>
<p><b>1 on 1</b></p> <p>Daniel Edelman – 50  Sam Cohen – 39  Blake Kominsky – 20  Dennis Liu – 17  Rishabh Shetty – 17  Jordan Beauchene – 14  Raj Vulichi – 12  Jared Koren – 10  Nicholas Sacco – 10  Louis Arone – 9  Jason Garnett – 9  Rushil Yelma – 8  Devin Ciarlante – 7  Roshun Tiwari – 6  Anthony Loffredo – 5  Charlie Pollard – 5  Kyle Liao – 5  Brandon Szeto – 5</p>	<p><b>X-Out</b></p> <p>Daniel Edelman – 11  Matthew Eng – 10  Sam Cohen – 10  Jordan Beauchene – 8  Tyler Johnson – 8  Dennis Liu – 8  Alexander Song – 8  Jared Koren – 8  Charlie Pollard – 8  Rishabh Shetty – 8  Roshun Tiwari – 8  Jason Zhou – 8  Jared Binstock – 8  Pravar Jain – 7  Dylan Taylor – 7  Devin Ciarlante – 7  Patrick Cullen – 7  Brad Lewandowski – 7</p>



Brad Lewandowski – 4	Nicholas Sacco – 7
Nate Taylor – 4	Abir Sun – 7
Patrick Jiao – 3	Raj Vulichi – 7
Jason Zhou – 3	Rushil Yelma – 7
Daniel Kolen – 3	Brandon Szeto – 6
Ryan Elias – 3	Mekai Nunez – 6
Rohith Gudati – 2	Aaron Hu – 6
Matthew Eng – 2	Patrick Jiao – 6
Aaron Hu – 2	Ryan Elias – 6
Eric Lin – 2	Vishnu Bindiganavile – 6
Akash Pamal – 2	Aneesh Nagalkar – 6
Tyler Johnson – 2	Alexander Li – 6
David Castoro – 2	Eric Lin – 6
Alexander Song – 2	Jason Garnett – 6
Abhishek Acharya – 2	Louis Arone – 5
Alexander Li – 1	Rohith Gudati – 5
Pravar Jain – 1	Abhishek Acharya – 5
Vishnu Bindiganavile – 1	Peter DellaVolpe – 5
Jonathan Jen – 1	Alec Doyle – 5
Aneesh Nagalkar – 1	Daniel Kolen – 5
	Nate Taylor – 5
	Anthony Loffredo – 4
	Anna Decone – 4
	David Castoro – 4
	Aaron Berry – 4
	Akhil Arularasu – 4
	Rachel Ou – 3
	Akash Pamal – 3
	Medha Bhimaraju – 2
	Ben Casino - 1

• **Pro**

<b>Mikan</b>	<b>Skills Competition</b>
Jack Whelan - 26	Vincent Zaman - 29.9
T.J. Schneider - 25	Brian Michaels - 30.1
Alvin Cheng - 24	Connor Michaels - 30.8
Connor Michaels - 21	Henry Reu - 31.8
Puru Sadh - 19	Kyle Nickel - 32
Nathan Bliss - 19	Alvin Cheng - 32.5
Eric Chung - 18	Woody Latta - 32.5
Kristen McGuire - 18	Rohit Desai - 33

<p> Brian Michaels - 18  Akshay Reddy - 18  Benjamin Xiang - 18  Vincent Zaman - 18  Kyle Nickel - 17  Nikhil Meruva - 16  Alec Whelan - 15  Kevon Allen - 15  Ritnik Chandrashekthar - 14  Kevin Liu - 14  Kyle Bender - 14  Rohit Desai - 13  Christopher Hu - 13  Sneha Yalgi - 13  Rhamad Bonney - 13  Jeanie Kim - 13  Alan Puthenchira - 13  Jonathan Huang - 12  Charlie Sun - 12  Woody Latta - 11  Jack Lehberger - 11  Varun Sarabudla - 11  Evan Decone - 11  Jack Kenny - 10  Billy Littwin - 10  David Zheng - 10  Zoe Golkin - 10  Emma Golkin - 9  Nick Gwiazdowski - 9  Allen Zhou - 8  Henry Reu - 7  Sam Fang - 7 </p>	<p> Jack Whelan - 33.2  Sneha Yalgi - 33.9  Jonathan Huang - 34  Hruday Vulichi - 34  Akshay Reddy - 35  Kevon Allen - 35.9  Nick Gwiazdowski - 36  Andrew Castellon - 36  Puru Sadh - 36.2  Allen Zhou - 37  T.J. Schneider - 37.5  Nathan Bliss - 37.5  Evan Decone - 38  Eric Chung - 38.2  Kevin Liu - 38.9  Sam Fang - 39  Charlie Sun - 39  Rhamad Bonney - 39.1  Nikhil Meruva - 40  David Zheng - 40  Alan Puthenchira - 40  Ritnik Chandrashekthar - 40.1  Jack Lehberger - 41  Billy Littwin - 41  Kristen McGuire - 41  Jeanie Kim - 41.3  Alec Whelan - 41.6  Kevin Park - 41.7  Kyle Bender - 42.4  Christopher Hu - 44.7  Emma Golkin - 45.1  Zoe Golkin - 45.3  Jack Kenny - 50 </p>
<p><b>1 on 1</b></p> <p> Hruday Vulychi – 47  Jack Whelan – 30  TJ Schneider – 22  Kevon Allen – 16  Kevin Liu – 16  Woody Latta – 15 </p>	<p><b>X-Out</b></p> <p> Hruday Vulichi – 11  Jack Whelan – 11  Vincent Zaman – 10  Alan Puthenchira – 10  Alvin Cheng – 10  Alec Whelan – 9 </p>

Puru Sradh – 14	Nick Gwiazdowski – 9
Brian Michaels – 14	Jack Lehberger – 9
Vincent Zaman – 14	Nikhil Meruva – 9
Shiven Prem – 8	Brian Michaels – 9
Jonathan Waang – 7	Connor Michaels - 9
Andrew Castellon – 6	Akshay Reddy – 9
Alec Whelan – 6	Puru Sadh – 9
Henry Reu – 6	Benjamin Xiang – 8
Kyle Nickel – 5	Kevon Allen – 8
Eric Chung – 5	Evan Decone – 8
Alvin Cheng – 5	Eric Chung – 8
Nikhil Meruva – 5	Rohit Desai – 8
Ritvik Chandrashekhar – 5	Sam Fang – 7
Kyle Bender – 4	Rishi Gadre – 7
Kristen McGuire – 4	Kevin Liu – 6
Jack Lehberger – 3	Jeanie Kim – 6
Alan Zhou – 3	Rhamad Bonney – 6
Sam Feng – 3	Allen Zhou – 6
Charlie Sun – 3	Varun Sarabudla – 6
Alan Puthenchira – 3	Charlie Sun – 6
Ben Xiang – 2	Sneha Yalgi – 6
Mickey Wasko – 2	Billy Littwin – 6
David Zheng - 2	Christopher Hu – 6
Nick Gwiazdowski – 1	Jonathan Huang – 6
Rhamad Bonney – 1	Henry Reu – 6
Rishi Gadre – 1	Ritnik Chandrashekhar – 5
Akshay Reddy – 1	Jack Kenny – 5
Jeanie Kim – 1	Woody Latta – 5
Sneha Yalgi – 1	Kristen McGuire – 5
	Kevin Park – 5
	Kyle Bender – 5
	David Zheng – 3
	Zoe Golkin – 3
	Emma Golkin - 2

• **Line Jumps (Agility Drill)**

<b>Rookie (Both, Left, Right)</b>	<b>High School (Both, Right, Left)</b>
Isabella He – 71, 30, 41	Brian Edelman – 78, 59, 55
Noah Taylor – 63, 46, 28	Maanas Gopi – 77, 48, 52
Tommy Jimenez - 58, 29, 37	Johnny Magner – 75, 46, 37
Lauren DiGiovanni – 58, 39, 45	Evan Xie – 75, 54, 52
Jodha Singh – 56, 29, 34	Justin Hartmann – 75, 36, 34

<p>Alice Wang – 51, 48, 52  Mia Rumain – 49, 34, 35  Aesha Acharya – 49, 17, 14  Andy Wang – 48, 42, 36  Jollen Dai – 46, 42, 44  Madeline Rumain – 43, 37, 35  Aaron Taylor – 41, 28, 33  Jason Stimpfle – 34, 0, 18</p>	<p>Stanley Liu – 75, 59, 63  Christopher Zou – 74, 74, 55  Angelo Chen – 74, 35, 55  Sean Puthenchira – 73, 37, 32  Wesley Liu – 72, 57, 59  Christian Domingez – 71, 76, 59  Connor Taylor – 70, 71, 49  Ryan Xie – 70, 47, 50  Alex Zheng – 70, 63, 37  Krish Nambiar – 68, 64, 50  Dev Patel – 68, 32, 52  Dylan Patel – 66, 63, 52  Karthik Angara – 65, 67, 57  Tarun Kandra – 65, 35, 54  Bryan Zhang – 65, 65, 58  Kevin Wang – 64, 47, 28  Justin Chen – 64, 40, 36  RishikeshRavi – 63, 34, 40  Jeremy Hu – 63, 49, 52  Shalin Muzumdar – 62, 63, 62  Maxx Cohen – 62, 60, 45  Tri-an Nguyen – 62, 50, 46  Evan Berry – 54, 52, 25  Amey Paranja – 54, 34, 50  Ethan Wang – 54, 53, 31  Daniel Gao – 48, 52, 49  Rishi Sappidi – 43, 27, 30  Clay Kellam – 42, 40, 53  Ethan He – 39, 53, 35  Nishika Meruva – 38, 39, 31  Aditya Rai – 33, 13, 12</p>
<p><b>College (Both, Left, Right)</b></p> <p>Rushil Yelma – 126, 59, 54  Daniel Kolen – 123, 50, 67  Daniel Edelman – 120, 80, 92  David Castoro – 116, 50, /  Tyler Johnson – 115, 45, 60  Roshun Tiwari – 114, 61, 62  Sam Cohen – 113, 71, 83  Alexander Song – 112, 58, 59  Patrick Cullen – 112, 71, /</p>	<p><b>Pro (Both, One)</b></p> <p>Vincent Zaman – 160, 74  Jonathan Huang – 152, 56  Alvin Cheng – 136, 72  Benjamin Xiang – 132, 74  Brian Michaels – 127, 72  Nick Gwiazdowski – 126, 80  Kevin Liu – 126, 76  Ritnik Chandrashekthar – 125, 70  Jack Kenny -125, 65</p>

Jared Koren – 111, 73, 81	Woody Latta – 124, 66
Rishabh Shetty – 111, 61, 71	Kristen McGuire – 124, /
Ryan Elias – 110, 50, /	Henry Reu – 122, 60
Brad Lewandowski – 110, 54, /	Akshay Reddy – 122, 57
Peter DellaVolpe – 109, 54, 58	Christopher Hu – 119, 55
Louis Arone – 108, 63, 60	Puru Sath – 115, 76
Jared Binstock – 108, 45, 40	Jack Whelan – 114, 74
Pravar Jain – 107, 68, 70	Rhamad Bonney – 110, 52
Dennis Liu – 107, 67, 63	Sam Fang – 107, 54
Dylan Taylor – 107, 77, 56	Jack Lehberger – 106, 66
Aaron Hu – 107, 71, 72	Alan Puthenchira – 105, 46
Nate Taylor – 107, 41, 53	Connor Michaels – 105, 50
Nicholas Sacco – 104, 89, 70	Alec Whelan – 104, 42
Jason Garnett – 103, 55, 35	Evan Decone – 104, 74
Eric Lin – 103, 73, 88	Kevon Allen – 103, 40
Charlie Pollard – 103, 54, 43	Eric Chung – 102, 32
Raj Vulichi – 103, 35, 39	Varun Sarabudla – 102, 72
Alexander Li - 102, 54, 51	Charlie Sun – 102, 52
Devin Ciarlante – 102, 50, 36	Kevin Park – 97, 70
Patrick Jiao – 101, 51, 38	Jeanie Kim – 97, 77
Rohith Gudati – 98, 61, 61	Nikhil Meruva – 95, 46
Jordan Beauchene – 97, 53, 50	David Zheng – 91, 22
Jason Zhou – 96, 57, 68	Emma Golkin – 90, 65
Kyle Liao – 94, 63, 67	Hruda Vulichi – 90, 50
Medha Bhimaraju – 92, 26, 41	Rishi Gadre – 84, 33
Matthew Eng – 92, 40, 57	Sneha Yalgi – 83, 63
Aaron Berry – 91, 39, 40	Billy Littwin – 80, 50
Mekai Nunez – 90, 43, 47	Zoe Golkin – 80, 70
Ben Casino – 88, 36, /	Kyle Bender – 72, 64
Vishnu Bindiganavile – 86, 51, 42	
Anna Decone – 86, 73, 34	
Brando Szeto – 85, 32, 36	
Rachel Ou – 80, 60, 34	
Anthony Loffredo – 78, 52, /	
Akash Pamal – 75, 26, 48	
Aneesh Nagalkar – 72, 35, 30	
Akhil Arularasu – 58, 52, /	
Abhishek Acharya – 41, 39, 40	
Abir Sun – 29, 35, 40	
Alec Doyle - /, 40, 40	
Jonathan Jen - /, /, 39	

--	--