

Basketball mini-camp preparation plan:

- 1) Identify **adult staff members who are professional teachers and coaches** to help remind coaches, players and staff of social distancing.
- 2) Creating consistent groups of the same staff and athletes, and avoid mixing between groups.
- 3) Individuals shall **remain 6 feet apart** from one another whenever impossible. This applies to athletes, coaching staff, parents/guardians, etc.
- 4) Coaching staff and parents/guardians should wear cloth face coverings for drop off and pick up. Athletes are also encouraged to wear cloth or disposable face coverings when not engaging in vigorous activity. **Face coverings should not be worn by staff or athletes when engaging in high intensity aerobic or anaerobic workouts** or where doing so would inhibit the individual's health.
- 5) Create staggered schedules to limit contact between groups and/or players.... N/A
- 6) **All staff should be educated on COVID-19 health and safety** protocols prior to the resumption of athletic activities, including: 1. Revised practice rules and regulations in place during COVID-19; 2. The importance of staying home when experiencing symptoms of COVID-19 or residing with someone experiencing symptoms of COVID19; 3. Social distancing and face coverings; 4. Proper hand hygiene; 5. How to address a situation in which an athlete presents with symptoms of COVID-19; and 6. How do address situations in which social distancing or other necessary requirements are challenged by athletes or parents/guardians/visitors.
- 7) Educate athletes and coaching staff about when they should stay home and when they can return to activity. 1. Actively encourage **sick staff and players to stay home**. 2. Individuals, including coaches, players, and families, should stay home if they have tested positive for or are showing COVID-19 symptoms. 3. Individuals, including coaches, players, and families, who have recently had a close contact with a person with COVID-19 should also stay home and monitor their health. 4. Immediately separate coaches, staff, officials, and athletes with COVID19 symptoms at any sports activity. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well, and follow CDC guidance for community-related exposure. 5. Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility.
- 8) **All athletes, coaches, and staff should bring their own water and drinks to practice** activities. Team water coolers for sharing through disposable cups should not be permitted. PLEASE LABEL YOUR DRINK WITH YOUR NAME.
- 9) Encourage athletes to use their own equipment to the extent possible...**bring your own ball and use your own basketball.**
- 10) Discourage sharing of equipment as much as possible. If equipment is shared, coaching staff should be aware of the sanitation procedures for team equipment (balls, etc.) and sufficient disinfecting wipes or similar products should be made available. Consult CDC guidance for cleaning and disinfection.
- 11) Discourage use of locker rooms or facility showers.... N/A ... However, **while there are bathrooms on-site, players and staff are encouraged to use the restroom at home before or after the 2-hour workout if possible.**
- 12) **Communicate applicable details of the plan to parents/guardians** and/or participants before commencing practices.
- 13) Organizers should further consult and implement, as appropriate, recommendations listed in the CDC guidance regarding assessing risk, promoting healthy behaviors, and maintaining a healthy environment during youth sports.